



# BREAST CENTRES NETWORK

Synergy among Breast Units

## ★ Instituto Português de Oncologia de Lisboa - Lisbon, Portugal

### General Information



The IPOLFG Breast Unit was established in 2008 and it is the largest of its kind in Portugal. Every year we receive high standards of care and are individually tailored to suit the patient's needs. The Unit has also a major commitment to research and education.

### **Instituto Português de Oncologia de Lisboa**

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Web-site: <http://www.ipolisboa.min-saude.pt/>

## Available services

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy

### Radiology

- Dedicated Radiologists**
- Mammograms per year**
- Breast radiographers**
- Screening program
- Verification for non-palpable breast lesions on specimen**
- Axillary US/US-guided FNAB**
- Clinical Research**

### Breast Surgery

- New operated cases per year (benign and malignant)**
- Dedicated Breast Surgeons**
- Surgeons with more than 50 surgeries per year**
- Breast Surgery beds**
- Breast Nurse specialists**
- Outpatient surgery**
- Intra-operative evaluation of sentinel node**
- Reconstruction performed by Breast Surgeons**
- Clinical Research**

## Reconstructive/Plastic Surgery

- ✓ **Reconstructive/Plastic surgeons**
- ✓ **Immediate Reconstruction available**

## Pathology

- ✓ **Dedicated Breast Pathologists**

### Available studies

- ✓ Cytology
- ✓ Haematoxylin & eosin section (H&E)
  - ✓ Surgical specimen
  - ✓ Sentinel node
  - ✓ Core biopsy
- ✓ Frozen section (FS)
  - ✓ Surgical specimen
  - ✓ Sentinel node
- ✓ Immunohistochemistry stain (IHC)
  - ✓ Estrogen receptors
  - ✓ Progesterone receptors
  - ✓ HER-2
  - ✓ Ki-67

## Medical Oncology

- ✓ **Dedicated Breast Medical Oncologists**
- ✓ **Outpatient systemic therapy**
- ✓ **Clinical Research**

## Radiotherapy

- Dedicated Radiation Oncologists**
- Clinical Research**

## Multidisciplinary Meeting (MDM) / Tumour Board (TB)

### Regular MDM/TB for case management discussion

- Twice a week
- Weekly
- Every two weeks
- Other Schedule

### Cases discussed at MDM/TB

- Preoperative cases
- Postoperative cases

## Further Services and Facilities

### Nuclear Medicine

- Lymphoscintigraphy
- Bone scan
- Positron Emission Tomography (PET)
- PET/CT scan

### Rehabilitation

- Prosthesis service
- Physiotherapy
- Lymph-oedema treatment
- Rehabilitation of body posture after mastectomy

Contact details

**Radiology**

José Carlos Marques, MD

Consultant Radiologist

**Breast Surgery**

Rui Alves, MD

Breast Surgeon

**Reconstructive Surgery**

José Rosa, MD, PhD

Head of Reconstructive and Plastic Surgery

**Pathology**

Saudade André, MD

Consultant Pathologist

**Medical Oncology**

Antonio Marques, MD

Consultant Medical Oncologist

Antonio Moreira, MD

Consultant Medical Oncologist

Margarida Brito, MD

Consultant Medical Oncologist

Maria José Passos, MD

Consultant Medical Oncologist

Teresa Alexandre, MD

Consultant Medical Oncologist

Helena Amaral, MD

Consultant Medical Oncologist

Teresa Marques, MD

Consultant Medical Oncologist

Emanuel Gouveia, MD

Consultant Medical Oncologist

Isália Miguel, MD

Consultant Medical Oncologist

Catarina Cardoso, MD

Consultant Medical Oncologist

**Radiotherapy**

Teresa Guiomar, MD

Consultant Radiation Oncologist

Isabel Antão, MD

Consultant Radiation Oncologist

Ana Pimenta, MD

Consultant Radiation Oncologist

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#### **From airport:**

Follow the link for instructions:

[http://maps.google.com/maps?f=d&source=s\\_d&saddr=1700+Lisboa,+Portugal+\(Aeroporto+da+Portela\)&dadd](http://maps.google.com/maps?f=d&source=s_d&saddr=1700+Lisboa,+Portugal+(Aeroporto+da+Portela)&dadd)

#### **By train:**

Sete Rios Station (connection from Oriente Station for Intercities and Alfa Pendular services) URL: [www.cp.pt](http://www.cp.pt)

#### **By bus or sub-way/underground:**

Bus: Av. Columbano Bordalo Pinheiro – 16, 726, 31,746 Praça de Espanha – 56, 31 Sete Rios – 701, 167, 26,

#### **By car:**

Rua Professor Lima Basto, Lisboa

**Last modified:** 08 April 2019